

Resource 1

Look at the resource below, where some people share some of their first ever memories.

Do you have a first memory?
What is it?
Can you describe it to
someone?

One of my first memories is standing in the doorway asking my mum if I could go out in the garden to play. I had a green t-shirt on, red dungarees and green wellies. I think I was about 3 years old. I have no idea why I remember this!

Source: SM Eviline



Jaya

I think my first day at school is my earliest memory. I remember being so nervous but, in the end, I had a good time! There is a photograph of me standing outside my front door, which helps me remember it.

Source: M Friedman



Nicholas



Source: T&A Gulick

Aurelia

My first memory was awful! I remember losing my dad in the supermarket. I was so scared. I remember crying. He found me though. It still makes me feel upset when I think about it. I would quite like to forget about it.

Salomon



Source: P David

I remember my 5th birthday. Two of my friends came and we had a treasure hunt. We had to find clues hidden in the park. I still have some of the treasure we found – a medal!